

NON GMO and ORGANIC SHOPPING GUIDE



BRANDS	PICK 'N SAVE	OUTPOST	WOODMAN'S	PIGGLY- WIGGLY	TRADER JOE'S	WALMART	TARGET	METRO MARKET	SENDIK'S	PEA POD	FRESH MARKET	WHOLE FOODs
Organic Valley	/	V	/	V	X	1	/	/	/	/	/	/
365 Everyday Value (Whole Foods Brand)	X	X	X	X	X	X	X	X	X	X	X	/
Earth Balance	/	V	/	/	/							
Nature's Path	/	V	/	/	/			/	/	/		/
Go Go Squeez	/	X	1	X	X		/	/	X			/
Crown Prince Natural	X	X	X	X	/	/	/	X	X	X	X	/
Cascadian Farm	~	V	/	/	X	/	/	V	/	/	/	
Pacific	V	/	/	X	V	X	X	/	X	/	/	/
Silk	V	/	/		X	-	/	/	V	/		X
Kashi	/	/	/	V	/	V	/	/	/	/	/	/
Smart Chicken	X	V	V	/	X	X		X	X	/	X	X
Happy Baby Organic Super Foods	X	X	/	X	X	X	V	X	X	/	X	/



The brands listed on this shopping guide have products that are either USDA Certified Organic, Non-GMO Verified by the Non-GMO Project or both. Check the back of this shopping guide for a list of products these brands produce. **Note: Please check stores for product availability.**Source: Non-GMO Project www.nongmoproject.org. Company Brand's website's for USDA Certified Organic Certification.



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